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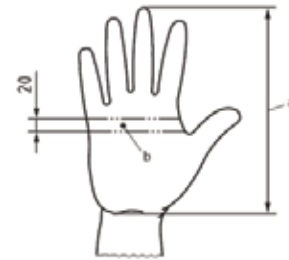
RUBIX

Hand Size Chart

GISS branded products meet stringent industry certification standards, delivering a level of quality, comfortable fit and safety as good as the leading PPE brands, but at a better price.

The GISS glove range delivers a comprehensive selection of hand protection products with a high-level of comfort, durability and dexterity – so your people can avoid cuts and abrasions at work. From PPE gloves, to chemical resistant gloves, heat resistant gloves and disposable protective gloves we have it covered.

Always ensure a good fit with our Hand Size Chart. Gloves should fit the wearer. Tight gloves can make hands feel tired and lose their grip. Too large gloves can create folds; these can impair work and be uncomfortable.



Requirements acc. to EN 21420:2020	Hand circum.	Hand length	Glove minimum length
6	152mm	160mm	220mm
7	178mm	171mm	230mm
8	203mm	182mm	240mm
9	229mm	192mm	250mm
10	254mm	204mm	260mm
11	279mm	215mm	270mm
12	304mm	>215mm	280mm

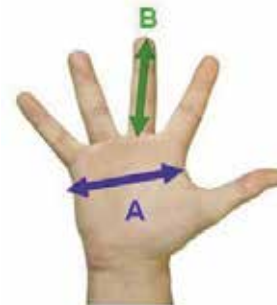
Protective gloves size: our three calculation methods

METHOD 1: Measuring the turn of the hand



1. Choose your strongest hand
2. Take a tape measure and wrap it round the palm of your hand
3. Fold your hand and measure the contour of your palm

METHOD 2: Finger length and hand width



1. Choose your strongest hand (right hand if you are right-handed)
2. Take a rule
3. Measure the width of your hand (Measure A)
4. Measure the length of your middle finger (Measure B)
5. Add A + B and divide by 2
6. The figure given represents the size of your gloves

METHOD 3: Hand size guide

1. To determine the correct glove size, place your hand on the coloured bar as shown below



**Glove size 9
is required in
this instance**

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